

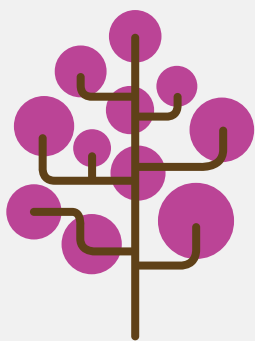
# TOP 5 REASONS WHY REIKI DOES NOT WORK

## 5. SILVER BULLET MENTALITY



Some people expect Reiki to just kick in and solve all their problems for them.

## 4. IMPATIENCE



Many people believe that Reiki is like a magic pill that you just take and you're fixed. Reiki is a way of life. Just like kids growing, little difference (if any) can be noticed from one day to the next. But when looking back at months and years of practice, the changes incurred are very obvious and profound.

## 3. LACK OF PRACTICE



Just like any other "craft", the more you do it, the better you're at it.

## 2. APPROACH



Reiki is a journey, not a destination.

## 1. ATTACHMENT TO THE OUTCOME



Don't cling to any outcomes when sending Reiki.